NUTRITION: \$3.00

Drink Choices:
1% Milk
Low Fat Chocolate Milk
Orange Juice

SEPTEMBER 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	LABOR DAY (No School)	2 Egg Muffinwich Fresh Fruit	3 MINIMUM DAY Whole Grain Pancakes Fresh Fruit	* PB & Banana Sandwich Fresh Fruit	5 Swiss Cereal w/ Yogurt and Fresh Fruit	6
7	8 Bagel w/ Cream Cheese Fresh Fruit	9 Grilled Cheese Sandwich Fresh Fruit	MINIMUM DAY Yogurt Granola Fresh Fruit	11 Cinnamon Pretzel Fresh Fruit	Chocolate Banana Smoothie w/ Granola Fresh Fruit	13
14	15 Bagel w/ Cream Cheese Fresh Fruit	16 Egg Muffinwich Fresh Fruit	17 MINIMUM DAY Whole Grain Pancakes Fresh Fruit	* PB & Banana Sandwich Fresh Fruit	Swiss Cereal w/ Yogurt and Fresh Fruit	20
21	22 Bagel w/ Cream Cheese Fresh Fruit	23 Grilled Cheese Sandwich Fresh Fruit	24 MINIMUM DAY Yogurt Granola Fresh Fruit	LOCAL HOLIDAY (No School)	Chocolate Banana Smoothie w/ Granola Fresh Fruit	27
28	29 Bagel w/ Cream Cheese Fresh Fruit	30 Egg Muffinwich Fresh Fruit		* Made with WOW Butter (Soy-based & Peanut-free)	Eat the Rainbow!	Protein Choose MyPlate gov

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